

## **LVBSC Families,**

With the increasing number of cases of the Coronavirus (COVID-19) being reported in New York, Locust Valley Bayville Soccer Club is closely monitoring the situation. We will be working with the school district, all governing leagues and soccer associations as well as conferring with local community centers and other sports clubs. We will notify you ASAP if there are to be any changes in our practice or game schedules.

As always, our main priority is the safety and well being of our players, coaches and staff.

There is currently no vaccine to prevent the Coronavirus. The best way to prevent illness is to avoid being exposed. Everyday preventive actions should be taken, including the following that we are incorporating for our players, coaches and staff:

**Do not shake hands. Do not "high five." Thumbs up will suffice or adopt the "Wuhan Shake" in lieu of a traditional greeting -**

<https://www.bbc.com/news/av/world-asia-china-51726440/coronavirus-the-wuhan-shake-or-the-elbow-bump>

**Please wash hands before and after training - use soap and warm water and wash for a minimum of 20 seconds. Carry and use hand sanitizer.**

**Stay home if you are sick/not feeling well. Please be conservative and make smart choices for the benefit of both the individual and the larger group. As always, we ask that you inform the club and your coach when you will be absent.**

*Please see the info below that provides more information:*

*There is currently no vaccine to prevent the Coronavirus. The best way to prevent illness is to avoid being exposed. Everyday preventive actions should be taken, including:*

- *Avoid close contact with people who are sick.*
- *Avoid touching your eyes, nose, and mouth.*
- *Stay home when you are sick.*
- *Cover your cough or sneeze with a tissue, then throw the tissue in the trash.*
- *Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.*
- *Follow the CDC's recommendations for using a facemask.*
  - *CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including Coronavirus.*
  - *Facemasks should be used by people who show symptoms to help prevent the spread of the disease.*

- *Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.*
  - *If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.*

*Additionally, here are a number of different resources and communications from the CDC and other organizations regarding the Coronavirus:*

*CDC - Coronavirus Overview*

*CDC - Travel Recommendations (China)*

*CDC - Frequently Asked Questions*

*CDC - Travelers Health*

*WHO - Advice for Coronavirus*

*U.S. Department of State - Country Specific Travel Information*

*USOPC - Coronavirus Update*